



e-Network Forum

CALIFORNIA BLOOD BANK SOCIETY

"We help save lives of people who need blood"

Search CBBS Website

When is a very slow pulse rate in a healthy appearing young man cause for concern?

A colleague in a Rocky Mountain state reports that a 'healthy' appearing 23 year old Caucasian male has donated blood 10 times previously, and at each prior donation his physical examination revealed a pulse rate of **30 beats per minute or less**. The donor recently presented to make his 11th donation, but this time his pulse rate was only **24 beats/minute**. No history related to the donor's **athletic abilities** was provided. The young man was deferred from donating and referred to a cardiologist for medical evaluation. The Rocky Mountain colleague wonders if others have seen similar cases, and if so, what has been the experience.

Editor's comment: Colleagues might find the discussion: [When is a very slow pulse rate in a fit elderly blood donor a cause for concern?](#) to be germane to the case under discussion.

Please submit comments to the [e-Network Forum](#).

[Ira A. Shulman, MD](#)
CBBS e-Network Forum Editor & Moderator



Printable PDF of this page

Posted: March 3, 2005

Addenda:

The e-Network Forum is supported by the California Blood Bank Society (CBBS) and endorses collegial discussion among blood banking and transfusion medicine professionals. However, the CBBS does not necessarily endorse the specific views and opinions expressed in the forum. The forum is not intended as a substitute for medical or legal advice and the content should not be relied upon for any medical or legal purposes. Readers should make their own determinations as to: (i) what constitutes appropriate medical, technical, and administrative practices, and (ii) how best to comply with laws and regulations relevant to their questions. For the latter, they should consider consulting, as to any medical matters, a qualified physician, and, as to any legal matters, an attorney familiar with related state and federal laws. The user of the forum, by accessing same, assumes all risks arising out of such use and releases CBBS and their respective members, directors, officers and agents from and against any loss, damage, claim or liability arising out of such use of the forum.